NZ Institute of Touch For Health Kinesiology

Career Pathway

Registered IKC Certified TFHK Instructor - 212 Credits
Registered IKC TFH Consultant - 434 Credits
Registered Professional Kinesiologist Level 1 - 664 Credits
Registered Professional Kinesiologist Level 2 - 800 Credits

Touch for Health Kinesiology Basic Training Levels 1 – 4
64 hours (IKC Certified)

TFH Workbooks
60 hours (IKC Certified)

TFH Proficiency Training
16 hours

Touch For Health Training Workshop (64 hours)
plus Ethics & Business Studies (8 hours)
72 hours

Registered IKC Certified TFHK Instructor (Total 212 hours)

Active Instructors must hold a current First Aid Certificate, and be registered with IKC
Continuing education with TFH Faculty Instructors are required to maintain their status every 3 years and observe the update requirements provided by Faculty.
Industry insurance is recommended for TFH Instructors.

TFH Intern Basic Supervision
16 hours

TFH Advanced Intern Supervision
16 hours

TFH Metaphor and Goal Setting
16 hours

TFH Mentoring Personal Intensive Training**
2 hours

Communicating with Confidence**
16 hours

From Effective Communication to Goal Setting**
24 hours

Anatomy & Physiology (Level 4 NZQA)
100 hours

Current First Aid Certificate
12 hours

2 Case Studies
18 hours

IKC TFH Consultant Final Assessment
2 hours

Registered IKC TFH Consultant (Total 434 hours)

Continuing education 16 hours every 2 years
Industry insurance is recommended for Registered IKC TFH Consultant

See next page for further ongoing professional training

NZ Institute of Touch For Health Kinesiology

Career Pathway

Registered IKC Professional Kinesiologist Level 1 (664 Credits) & Level 2 (800 Credits)

Metaphor Training Workshop
16 hours

TFH Mentoring**
2 hours

Nutritional Testing**
16 hours

Nutritional Testing Proficiency**
8 hours

Allergies & Sensitives**
16 hours

Allergies & Sensitivities Proficiency**
8 hours

Soul Power Kinesiology Level 1-6**
96 hours

Soul Power Kinesiology Workbooks 1-6**
48 hours

2 Case Studies Soul Power**
18 hours

IKC Professional Level 1 Final Assessment
2 hours

IKC Registered Professional Kinesiologist Level 1 (Total 664 Credits)

Continuing education 16 hours every 2 years
Industry insurance is recommended for IKC Registered Professional Kinesiologist Level 1

Soul Power Kinesiology Proficiency assessment**
8 hours

Soul Power Kinesiology /Intern
Basic & Advanced Supervision**
32 hours

Complementary Non Kinesiology
Colour for Life 2 & 3
32 hours

Complementary Non Kinesiology
Colour for Life Written Assessment**
8 hours

Soul Power/Colour for Life Training Workshop**
40 hours

Complementary Non Kinesiology - attend 1 only
Colour, Tarot & Tree of Life or
Colour, Crystals & Sound
16 hours

Registered IKC Professional Kinesiologist Level 2 (Total 800 hours)

Continuing education 16 hours every 2 years
Industry insurance is recommended for IKC Registered Professional Kinesiologist Level 2

NZ Institute of
Touch For Health
Kinesiology

Asterisks** means Cross Credit can be applied for recognition of prior learning e.g. Anatomy & Physiology, Communication Course, etc. proof of certification & assessment must be presented when applying for cross credit.

For any enquiries, please contact NZITFHK at info@touchforhealth.nz