

# TFH Teaching Zone

FROM COLLEEN RYAN - NZ FACULTY - NOVEMBER 2025

Greetings Instructors

from Colleen Ryan

Faculty IKC, NZ Institute of Touch for Health Kinesiology



An inspiring trip to Assisi for the IKC Conference 2025 meeting with Faculty & Instructors from all over the world was an exceptional experience - the serene beauty and rich history of this spiritual haven while connecting with fellow colleagues was magnificent. . Imagine practicing kinesiology in such a peaceful setting, where every step invites healing and reflection.

As I look ahead to the upcoming year, I'm excited about the opportunities to grow and learn together and share the insights given by fellow TFH'ers from all over the world!

It's important to acknowledge the dedication and hard work over the last few years to a solid pathway for a Professional Kinesiologist qualification. It's a true testimony to the commitment and passion for teaching of our healthcare modality.

Retaining our precious students and providing for them resources, mentorship, personal growth as they embark on their goals and dreams is part of our responsibility as a training Institute. To be able to provide for our students and instructors more opportunities to connect, ask questions and be an active part of

our community, we are excited to let you know that the 'student welcome and registration letter' is available now and ready to use! It's a simple process for a student to go online and register for a minimal amount. (copy will be sent to you shortly).

As instructors I kindly ask you to please encourage and show your students where to register so they can connect more to their goals too as we all shape the future of living well.

Please look out for upcoming 2026 mini online sessions that aim to give deeper insights, clarity, new techniques, refine skills and so much more - which of course we hope you will be attending with us! Think about any topics that you feel you'd like to share as we go into the New Year.



IKC Executive Board - Colleen, Regina, Pablo, Henry, Thomas, Sylvia

It takes effort, time, vision and heart to follow what you started - and so please join me in a huge congratulations to our newest Instructors;

*Diana Young, Danielle Watson, Ange Jasmin*

to their teachers, mentors and all who have supported their journey!

Watch out for them as they share their inspiration about how they reached their goals and what they are doing with it now!

Thank you to all who are actively teaching and preparing for 2026 year with dates - *just get a few dates in the pipeline and on the website so you can attract your students!* - let them know you are available.

A big round of applause for *Isla Blair who has taught her first Touch for Health Classes not long ago - we are so happy for you.*

Touch for Health,

Colleen

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