



## Career Pathway

Registered IKC Certified TFHK Instructor - 212 Credits

Registered IKC TFH Consultant - 434 Credits

Registered Professional Kinesiologist Level 1 - 664 Credits

Registered Professional Kinesiologist Level 2 - 806 Credits

**Touch for Health Kinesiology Basic Training Levels 1 – 4**

64 hours (IKC Certified)

**TFH Workbooks**

60 hours (IKC Certified)

**TFH Proficiency Training**

16 hours

**Touch For Health Training Workshop (64 hours)  
plus Ethics & Business Studies (8 hours)**

72 hours

### Registered IKC Certified TFHK Instructor (Total 212 hours)

Active Instructors must hold a current First Aid Certificate, and be registered with IKC  
Continuing education with TFH Faculty Instructors are required to maintain their status every 3 years  
and observe the update requirements provided by Faculty.  
Industry insurance is recommended for TFH Instructors.

**TFH Intern Basic Supervision**

16 hours

**TFH Advanced Intern Supervision**

16 hours

**TFH Metaphor and Goal Setting**

16 hours

**TFH Mentoring Personal Intensive Training\*\***

2 hours

**Communicating Confidence\*\***

16 hours

**Interpersonal Communication Skills for  
Consultants\*\***

24 hours

**Anatomy & Physiology (Level 4 NZQA)**

100 hours

**Current First Aid Certificate**

12 hours

**2 Case Studies**

18 hours

**IKC TFH Consultant Final Assessment**

2 hours

### Registered IKC TFH Consultant (Total 434 hours)

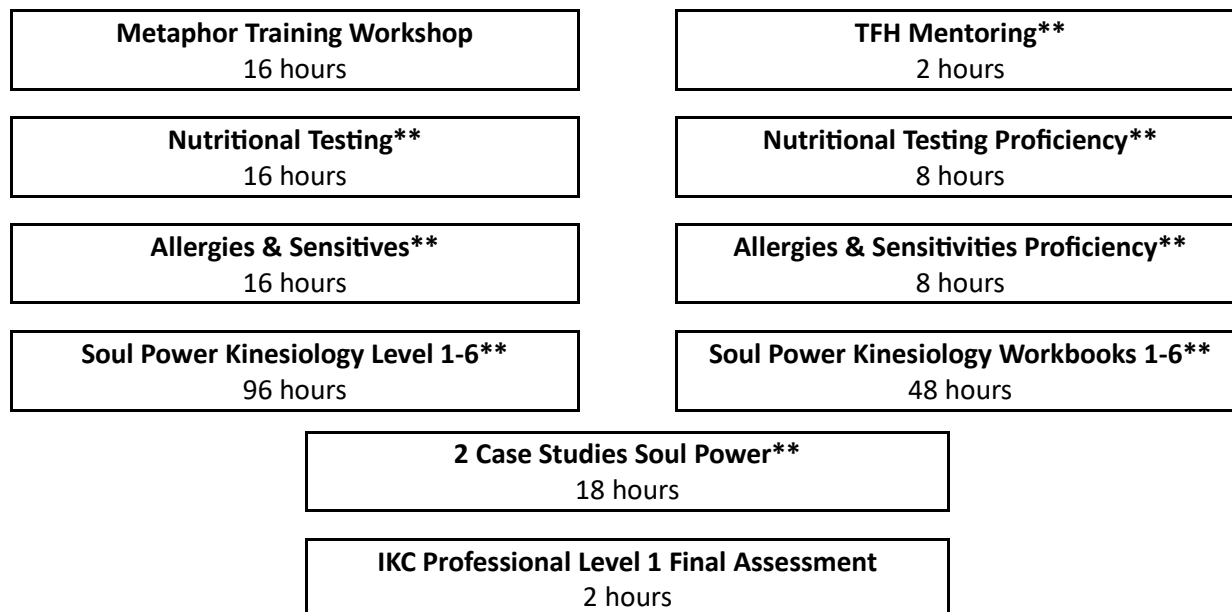
Continuing education 16 hours every 2 years  
Industry insurance is recommended for Registered IKC TFH Consultant

**See next page for further ongoing professional training**



## Career Pathway

Registered IKC Professional Kinesiologist Level 1 (664 Credits) & Level 2 (806 Credits)



## IKC Registered Professional Kinesiologist Level 1 (Total 646 Credits)

Continuing education 16 hours every 2 years  
Industry insurance is recommended for IKC Registered Professional Kinesiologist Level 1



## Registered IKC Professional Kinesiologist Level 2 (Total 806 hours)

Continuing education 16 hours every 2 years  
Industry insurance is recommended for IKC Registered Professional Kinesiologist Level 2

Asterisks\*\* means Cross Credit can be applied for recognition of prior learning e.g. Anatomy & Physiology, Communication Course, etc. proof of certification & assessment must be presented when applying for cross credit.

**For any enquiries, please contact NZITFHK at [info@touchforhealth.nz](mailto:info@touchforhealth.nz)**