

New Zealand Institute of Touch for Health Kinesiology Inc.

- Responsible for all Touch for Health Kinesiology training in New Zealand
- Training and accreditation body which maintains and services TFH Students, TFH Instructors, TFH Consultants, and Professional Kinesiologists Level 1 & 2
- Affiliated to the International Kinesiology College TFH School

**NZ Campus of the International Kinesiology College
Professional School.**

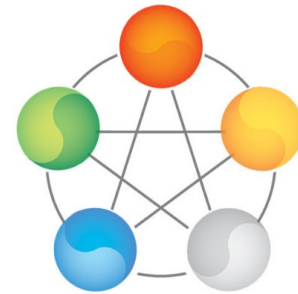
Qualifications available:

IKC Touch for Health Certified Instructor
IKC Touch for Health Certified Consultant
IKC Registered Professional Kinesiologist Level 1
IKC Registered Professional Kinesiologist Level 2

For more information & resources visit

www.touchforhealth.nz

[email: info@touchforhealth.nz](mailto:info@touchforhealth.nz)



NZ Institute of
Touch For Health
Kinesiology

STUDENT TRAINING LOG

Training Requirements for

IKC Touch for Health Instructor 212 Credits

IKC Touch For Health Consultant 434 Credits

IKC Professional Kinesiologist Level 1 664 Credits

IKC Professional Kinesiologist Level 2 806 Credits

Name: _____

Address: _____

Mobile: _____

Email: _____

**Inside this Student Training Log the asterisks
symbols stand for ** prior learning**

IKC TFH Kinesiology Professional Training starts here IKC TFH Instructor/Consultant	Date	Credits	Tutor
TFH Kinesiology 1 + Workbook		16	
		15	
TFH Kinesiology 2 + Workbook		16	
		15	
TFH Kinesiology 3 + Workbook		16	
		15	
TFH Kinesiology 4 + Workbook		16	
		15	
TFH Proficiency		16	
TFH Training Workshop Ethic & Business Studies		72	
Total Hours IKC Registered TFHK Instructor		212 credits	
TFH Intern Basic Supervision		16	
TFH Intern Advanced Supervision		16	
TFH Metaphor and Goal Setting		16	
TFH Mentoring Personal Intensive Training **		2	
Communicating Confidence **		16	
Interpersonal Communication Skills for Consultants & Proficiency **		24	
Anatomy & Physiology **		100	
Current First Aid Certificate		12	
2 Touch for Health Case Studies		18	
TFH Consultant Final Assessment		2	
Total Hours IKC Registered TFH Consultant		434 Credits	

IKC Registered Professional Kinesiologist—Levels 1 & Level 2

	Date	Credits	Tutor
Metaphor Training Workshop		16	
TFH Mentoring **		2	
Nutritional Testing **		16	
Nutritional Testing Proficiency **		8	
Allergies & Sensitivities **		16	
Allergies & Sensitivities Proficiency **		8	
Soul Power Kinesiology Level 1—6 **		96	
Soul Power Kinesiology Workbooks 1-6 **		48	
2 Soul Power Kinesiology Case Studies **		18	
IKC Professional Level 1 Final Assessment		2	
Total Hours IKC Registered Professional Kinesiologist Level 1		664 Credits	
Soul Power Kinesiology ** Proficiency Assessment		8	
Soul Power Kinesiology/Colour for Life Training Workshop **		40	
Soul Power Kinesiology Intern Basic & Advanced Supervision **		32	
Clinical Observation		16	
Complementary Non Kinesiology Colour for Life Levels 2 & 3 **		32	
Complementary Non Kinesiology Colour for Life Written Assessment **		8	
Complementary Non Kinesiology Foundation Nutrition Classroom **		8	
Total Hours IKC Registered Professional Kinesiologist Level 2		806 Credits	