

TFH Teaching Zone

FROM COLLEEN RYAN - NZ FACULTY AGM JULY 2023

TOUCH FOR HEALTH DEDICATION

John Thie Manual 2005

Acknowledge & Fortify the Change - "Take time to put your experience into words. Affirming your process and experience makes it that much more effective and lasting. Verbalise the positive changes in how you are feeling - physically, emotionally, mentally and spiritually. Quantify your words by using the numerical scale, recheck anything you measured before the balance."

FACULTY REPORT FOR TFH AGM

A year of reset and vision

Congratulations to the Instructors that continue to teach and share TFH within their communities.

As more people reflect on events over the last few years, many are actively seeking ways to enhance their wellbeing, release the stress and even find new careers!

We've seen a steady flow of teaching and interest over the last year or two and a defined element of interest in new career options! I feel this comes about as more people are questioning their roles in life, work and wanting to make meaningful change and live with more purpose.

I have conducted two Instructor Updates this year(online) with 4 more Instructors yet to take the opportunity to update.

Keeping connected via the private FB group for Instructors has been useful with easy & quick communications being shared. Please feel free to share your classes here too, ask questions, clarify points of interest, and celebrate outcomes.

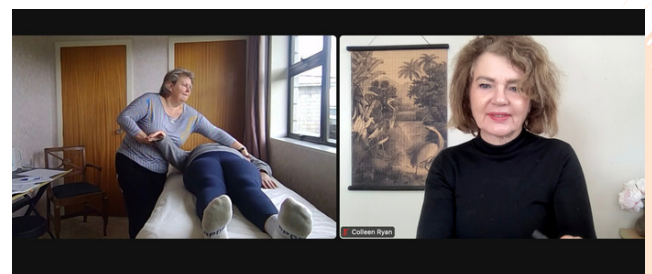
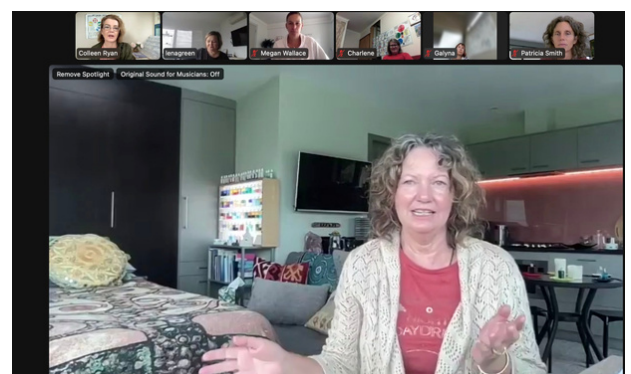


PICK ME UP - AM SESSIONS

"PICK me UP" AM session for Instructors each 6 weeks - a time to come together, get a vision or ideas for the day/week ahead. Supporting Instructors with new ideas/concepts and sharing best practice is incredibly helpful for them personally and for how to support their students.

Thank you to Cecilia who continues to assist me with the TFH IKC certificate productions and general TFH admin work for myself and the Committee.

Thank you to Catherine and the Committee for their continuing work on the Professional Training Program lifting our Kinesiology to a whole new level, while maintaining access for everyone.



Getting out amongst our communities has been a major theme of mine, to encourage talks and demos to groups.

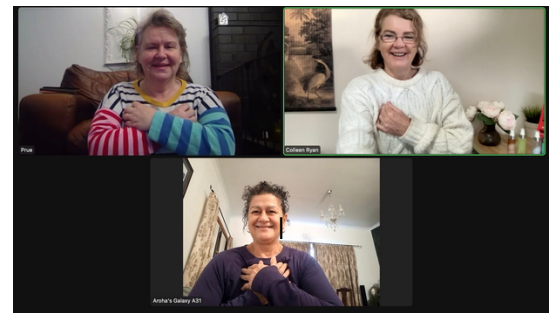
I believe we need to continue to do this to be seen and heard and actively accessible to people looking for TFH services.

Collaboration is key and discovering other community groups to work alongside.

Business ethics have been an important part of my communications – eg a simple 'Welcome Letter' for each new client is an important step to create trust and showcase all that the Instructor|Practitioner can offer.



Alex Bowles - Mentor TFH
Alex does an exceptional job in the role of mentor for TFH students –I receive lots of positive news from students – "Alex is a fabulous mentor & I thoroughly enjoyed her expertise" Kathy M
Congratulations Alex we are so fortunate to have you in this role in NZ



It's time to be
Creative

Our hearts are designed to recognise truth

Let's make 2023 a year of service- to each other and our communities.
It's time to shine and help facilitate transformation. You can find "The Teaching Zone" articles on NZITFH website

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