



Touch For Health
KINESIOLOGY
New Zealand

**New Zealand Institute of
Touch for Health Kinesiology Inc.**

- is a Registered Training Establishment
- is responsible for all Touch for Health training in New Zealand
- is a training and accreditation body.
- is affiliated to the International Kinesiology College

Please contact the TFH Kinesiology secretary to apply for recognition of Prior Learning. Email info@touchforhealth.nz

Qualifications available:

Touch for Health Certified Consultant
382 hours International Kinesiology College

Registered Touch for Health Kinesiology Practitioner
616 hours NZ Institute of Touch for Health Kinesiology Inc.,

For more information & resources visit

www.touchforhealth.nz - email: info@touchforhealth.nz

**New Zealand Institute of
Touch for Health Kinesiology Inc.**



Touch For Health
KINESIOLOGY
New Zealand

STUDENT STATUS CARD

**Requirements for
Practitioner Qualifications**

Touch For Health Certified Consultant
International Kinesiology College

382 credits

Registered Touch for Health Kinesiology Practitioner

NZ Institute of Touch for Health Kinesiology Inc.,

616 credits

Name: _____

Address: _____

Phone: _____

Mobile: _____

Email: _____

**TFH Certified Consultant
IKC 382 Credits**

TFH Consultant Training	Date	Credits	Tutor Signature
TFH Kinesiology 1 + Workbook		16	
		15	
TFH Kinesiology 2 + Workbook		16	
		15	
TFH Kinesiology 3 + Workbook		16	
		15	
TFH Kinesiology 4 + Workbook		16	
		15	
TFH Intern Basic supervision		16	
TFH Advanced Intern supervision		16	
TFH Kinesiology Proficiency		16	
TFH Training Workshop		72	
TFH Metaphor and Goal Setting		16	
TFH Mentoring Personal Intensive Training		2	
Establish Client Relationships <i>Or Prior Learning— communication</i>		40	
Anatomy & Physiology		50	
Current First Aid Certificate		12	
3 Case Studies		18	
382 Credits			

**Registered Touch for Health Kinesiology Practitioner
TFHK Assn 616 Credits**

Registered TFH Kinesiology Practitioner Training	Date	Credits	Tutor Signature
Full TFH Consultant Training		382	
Metaphor Training Workshop		16	
Professional Practice Management for Kinesiologists <i>OR prior learning - management</i>		50	
Nutritional Testing <i>Or prior learning - nutrition</i>		16	
Allergies & Sensitivities <i>Or prior learning - nutrition</i>		16	
Anatomy & Physiology		50	
40 Unsupervised Balances		40	
7 Case Studies		42	
Personal Intensive Training TFH Mentoring		2	
Final Assessment by IKC Professional Kinesiologist		2	
		616	credits