Touch For Health
Kinesiology
New Zealand

Touch for Health Case Studies

Requirements

- Ten case studies (a total of 30 balances) are required. These are to be submitted to and marked by TFH Assessors, please contact TFH Secretary at info@touchforhealth.nz
- A case study will normally, though not necessarily, follow a client through a series of balances, recording initial history, and any changes made by the client during the series of balances.
- A minimum of three balances per case study is suggested, though some may require fewer and some more.
- Use initials only to identify clients, not names. Be sure that you have your client's permission to use details of their balances in a case study.
- On completion of your first case study please send it for marking to check that you are fulfilling the requirements.

Information for Case Studies

1. Provide a history of the client.
2. The clients background information
3. The use of this information
4. Goals and desired outcomes
5. Pre-tests used to evaluate the goals
6. Pre and post balance evaluation
7. Client's awareness of change – Client shifts/insights – how was this used
8. Practitioner observations and insights for each session
9. Time between sessions
10. Patterns emerging through the session/s, how was this awareness used
11. What was learned from the sessions – client and self
12. Home reinforcement
13. Why include this as a case study
14. How long client changes lasted
15. Any patterns emerging over a series of clients' sessions

Marking of Case Studies

To purchase Case Study marking, please purchase from the Touch for Health Web Store at www.touchforhealth.nz/store and indicate number of Case Studies you wish to purchase 3, 7 or 10.

Modified: 24-06-2020