

Career Pathway of Touch for Health Consultant (382 hours)

Touch for Health Kinesiology Basic Training

Levels 1 – 4 64 hrs

TFH Workbook 60 hrs

IKC Certified

TFH Basic Intern (TFH level 1-2)

Supervision

16 hrs

TFH Advanced Intern (TFH Level 2)

Supervision

16 hrs

TFH Proficiency Training

16 hrs

TFH Training Workshop 72 hrs

TFH Instructor (total 204 hrs)

Active instructors must hold a current First Aid Certificate, and be registered with IKC

Continuing education 16 hours with TFH Faculty every 3 years required.

Industry insurance is recommended for TFH Instructors

TFH Metaphors and Goal Setting

16 hrs

TFH Mentoring Personal Intensive Training

2 hrs

Communication Course

Establish Client Relationships

Or Prior Learning in communication skills

40 hrs

Anatomy & Physiology

Level 4 NZQA

50 hrs

Current First Aid Certificate

12 hrs

3 Case Studies

18 hrs

Total Hours Training 382 hours

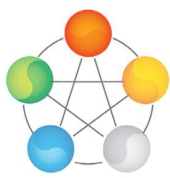
Touch for Health Consultant (IKC and TFHKANZ)

Continuing Education 28 hours very 2 years

Continue with ongoing training to achieve a qualification as

Registered Touch for Health Kinesiology Practitioner

With another 234 hours training equals 616 Total Training hours required **See next page!**



Career Pathway of Registered Touch for Health Kinesiology Practitioner (616 hours)

Touch for Health IKC Consultant Training

382 hours

Plus the following training required

TFH Metaphors Training Workshop

16 hrs

Professional Practice Management for Kinesiologists

Or Prior Learning in Business Management

50 hrs

Nutritional Testing

Or prior learning – nutrition

16 hrs

Allergies & Sensitivities

Or Prior Learning

16 hrs

Anatomy & Physiology

Level 4 NZQA

50 hrs

40 Unsupervised Balances

40 hrs

7 Case Studies

42 hrs

TFH Mentoring for Kinesiologist

Personal Intensive Training

2 hrs

Final Assessment by IKC Professional Kinesiologist

2 hrs

Total Hours Training 616 Hours

Registered Touch for Health Kinesiology Practitioner (TFHKANZ)

Industry Insurance is recommended for Registered TFH Kinesiology Practitioners

Continuing Education 28 hours every 2 years required

Current First Aid Certificate required.

All Enquiries please contact: Touch for Health Secretary

email: info@touchforhealth.nz