

Please Note: After assessment, records of balances are to be retained by the student and stored in a secure and confidential way.

Name of participant: _____ **Phone:** _____ **Date of Session:** _____

Name of Student: _____ **Participant information:** Male / Female **Age range:** 1 – 15 16 – 35 36 – 55 56 +

1. Permission to test New to Kinesiology? Yes No

2. Explain and educate re muscle testing, self responsibility, general philosophy

3. Follow accurate indicator muscle protocol

4. Pretests

5. Set goal / context for session / emotion _____

6. Self evaluation (circle - pain / energy / stress) 0 1 2 3 4 5 6 7 8 9 10

7. Any other assessments i.e. current ability, pain, energy level

Contraindications checked Referral required Practical and clinical hygiene maintained

ELECTRICAL	EMOTIONAL	BIOCHEMICAL	STRUCTURAL	REACTIVE
Meridians Trace 55 Flush 273 Mer. Massage 273 Mer. Walking 280 Gaits 271 Fig. 8 Energy 254 Cross Crawl 264 Cross Cr. Integr. 266 Dehydration 46 Centr. Mer. Energy 36 Switching 37 Visual Inhibition 253 Auricular Energy 252 Pain Tapping 281	E.S.R. 258 Present Future Past Postural S.R. 260 Colour Balance 262 Sound Balance 263	Food 301 C1 check Biogenic Biostatic Biocidic 5.Element 302 Dehydration 46	(*14, 14+, 28, 42) Bal as you go 68 Wheel 236 5 Elements 240 Posture Aware.26 Posture Analysis 283 Time of Day 274 Cerebro Sp. Tech. 65 *See muscle list on back of sheet	Reactive Muscles 290 42 (14+) muscles 5 element

BALANCING TECHNIQUES
Spinal Reflexes Neurolymphatics Neurovasculars Meridians Origin / Insertion E.S.R. Food Spindles Golgis A.H.P. Colour Sound Neurolymphatic Release Luo Points

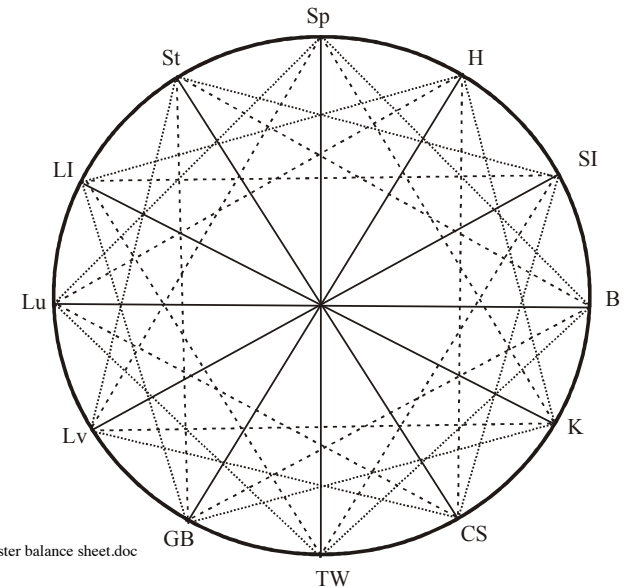
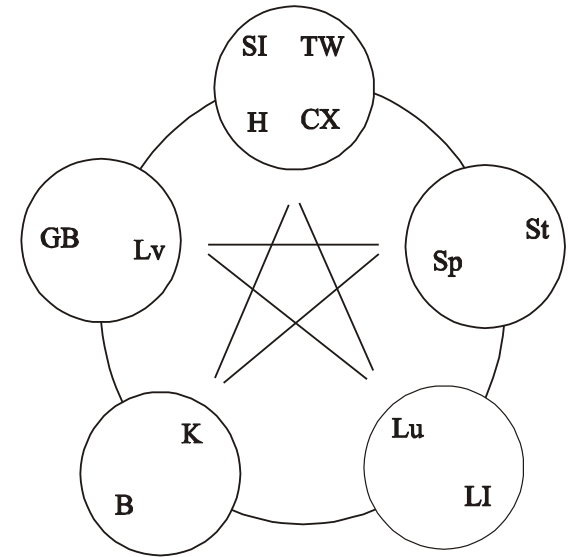
SUPPORT TECHNIQUES
Surrogate Testing Circuit Locating Challenge Circuit Retain Mode Alarm Points

8. Reassess goal / context / emotion / self evaluation 0 1 2 3 4 5 6 7 8 9 10

9. Home reinforcement

Test at least one indicator muscle per meridian, circle on list, and, if appropriate, mark on either 5 element or meridian wheel diagram.

Central	Supraspinatus	L R B_____ Challenge
Governing	Teres Major	L R B_____ Challenge
Stomach	PMC / N Fl / Brachioradialis / N Ext / Lev Scap	
Spleen	Lat. Dorsi / M Traps / L Traps / Opp. pol / Triceps	
Heart	Subscapularis	
Sm Intestine	Quadriceps / Abdominals	
Bladder	Peroneus / Sacrospinalis / Ant - Post Tibials	
Kidney	Psoas / Iliacus / Upper Traps	
Circul. Sex	G. Med / Adductors / Piriformis / Gl Max	
Triple Warmer	Teres Minor / Sartorius / Gracilis / Soleus / Gastroc	
Gall Bladder	Ant Deltoid / Popliteus	
Liver	PMS / Rhomboids	
Lung	Ant Serratus / Deltoids / Diaphragm / Coracobrach	
Lge. Intestine	F. Lata / Quadratus Lumborum / Hamstrings	



Note Alarm Points (if appropriate)_____ and mark on diagram

Key meridian to balance_____ Emotion_____

Return to database (see front of sheet)